

PRINTED TEST

NAME _____ 2010 DATE _____

Smith Seminars
Pulmonary Rehabilitation Online Test

1. _____ Pulmonary rehabilitation's definition includes:
 - A) Achieving and maintaining the individual's maximum level of independence
 - B) A multidimensional continuum of services directed to persons with pulmonary disease
 - C) A & B
 - D) None of the above

2. _____ Rehabilitation programs include:
 - A) Early recognition and treatment of morbidities
 - B) Inpatient, outpatient, and extended care of patients with chronic respiratory illness
 - C) Prevention
 - D) All the above

3. _____ Pulmonary rehabilitation is indicated for
 - A) Patients who do not have dyspnea
 - B) Patients with chronic respiratory impairment
 - C) Patients who have increased exercise tolerance
 - D) All the above

4. _____ Successful smoking cessation programs usually employ tools such as:
 - A) Patient education, establishment of a quit date and follow-up support
 - B) Relapse prevention and advice for healthy lifestyle changes
 - C) Social support systems and adjuncts to treatment
 - D) All the above

5. _____ Treatment with anticholinergic agents
 - A) Has bronchodilatory activity with maximum side effects
 - B) May be more effective than a beta2-agonist in patients with COPD
 - C) Is not administered by a metered dose inhaler
 - D) None of the above

6. _____ Long-term oxygen therapy is recommended for patients with
 - A) PaO₂ of less than 55 mm Hg and a PaO₂ of less than 59 mm Hg with evidence of polycythemia or cor pulmonale
 - B) PaO₂ of more than 55 mm Hg and a PaO₂ of more than 59 mm Hg with evidence of polycythemia or cor pulmonale
 - C) PaO₂ of less than 75 mm Hg and a PaO₂ of less than 59 mm Hg with evidence of polycythemia or cor pulmonale
 - D) None of the above

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7. _____ Energy conservation and work simplification principles assist patients in
- A) Maintaining ADL
 - B) Performing job-related tasks methods
 - C) A & B
 - D) None of the above
8. _____ Breathing techniques include
- A) Pursed-lip breathing
 - B) Leaning forward postures
 - C) Diaphragmatic breathing
 - D) All the above
9. _____ Dyspnea is
- A) Frequently the major reason for seeking acute care
 - B) Not the most common symptom of individuals with chronic pulmonary disease
 - C) Measured with a catalog scale during exercise
 - D) None of the above
10. _____ Quality of life
- A) May not be considered a balance between what is desired in life and what is achieved
 - B) Is easily measured by a person's satisfaction or happiness with life
 - C) A & B
 - D) None of the above

Submission Instructions

Print the test, answer the questions, and fill out personal information.

Submission Method #1 – Fax to us at 972-759-9791

Submission Method #2 – Smith Seminars, PO Box 516, Paradise, TX 76073

Submission Method #3 – Go to www.smithseminars.com online tests and enter answers

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